



2009 Girls: Heat

2018-19 Team Expectations

Team Summary:

The Methacton United Heat will be making some changes this year in order to get the girls born in 2009 to play in the age appropriate league. In order to do this the team has split into two and the girls who were born in 2008 will move to a newly formed team with all girls born in 2008. The girls born in 2009 will enter the 2018-19 season as a U10 team in the 2009 girls age group. The U10 team will continue to play in the 7v7 format with a build out line. The team will continue to be managed by Head Coach Pete Maxwell, Assistant Coach Brad Catania and Team Manager/Assistant Coach Rita Dantonio.

Goals and Expectations for the 2018-19 Season:

Over the coming year, the Heat will look to continue their growth and pursue a higher level of competition. Having demonstrated in 2017 their ability to play and be competitive enough to earn second place. We will continue player development with an emphasis on positioning, moving off the ball, and understanding of game day strategy. Due to the splitting of the team we have decided to keep the team in the same tier as last year and not move up to the next level in order to allow the new team the competition level to grow. The team will play in the Central League only and will not be playing in the EDP Saturday league as we did last year.

During the past off-season/winter months we played in the Winter 2 league at the 422 Sportsplex and in the Spring league in the Central League Spring. The team has continued its training with both Winter and Spring Academies which has kept the girls training two times a week. This coming Spring we will add in a team practice once a week in order to concentrate on game day situational awareness.

Methacton United recognizes the importance of developing well-rounded athletes and strongly encourage our players to participate in activities and sports away from the soccer field. However, accepting a place on a travel team requires a higher level of commitment from both the player and parents. All players, club-wide, are required to prioritize soccer over other activities during the main Fall season.



During the 2018-19 Season the team will be participating in the following events:

Event	Dates
Fall Travel League Matches	Most weekends Sep-Nov
CLS August Tournament	TBD
Columbus Day Weekend Tournament	TBD
Winter League	422 Sportsplex
Spring Tournament	TBD
Spring League	Central League Spring

In order to continue the growth of the girls and the bonding of the team we will participate in upwards of three tournaments. The coaching staff will try to keep these tournaments as local as possible in order to prevent the families from having unnecessary travel.

The team will use the Team Snap application in order to maintain all communications with the families. We expect that each parent will promptly signify in Team Snap if their daughter will be attending events or not. This is very important so we can ensure there are enough players to participate in trainings, games, tournaments, etc.

This year is a “uniform” year for the club so all players will be expected to purchase a new set of uniforms which will provide us a home jersey, away jersey, shorts, and socks. These packages will be inclusive of a training jersey that is to be worn for all training sessions.



Anticipated Playing Calendar

Summer: June - August

Training	2x per week with professional training staff (<i>full calendar at methactonunited.org/travel</i>) 1x per week with team coaching staff
Friendlies	Approximately 2 friendlies
Tournaments	TBD

Fall: September - November

Training	2x per week (Mon-Fri) with professional training staff 1x per week (Sun) with team training staff	June 9-Nov 2018
League Games	Central League	Sundays, Sep - Nov, 2018
Tournaments	TBD	

Winter: December - February

Winter Academy	1x per week indoor training with professional training staff	Dec 2018– Feb 2019
League Games	422 Sportsplex or YSC	Mid-Jan to Early Mar
Tournaments	Local Indoor Tournaments - TBD	Locations TBD Dec – Feb (TBD)

Spring: March – June

Spring Academy	Professional training - 2x per week Team training – 1x per week	Late Mar to Late May
League Games	CLS League	Sundays, Apr-May
Tournaments	Spring Tournaments TBD (based on player availability)	Mar – Jun

NOTE: Because we are planning for events more than a year in advance, dates and tournaments may be changed based on tournament schedules, player availability, or a change in the level of play of the team.



Expected Financial Commitment

All of our teams at Methacton United value the commitment that our players, parents, and coaches make to our program. In order for families to plan effectively, we provide the following estimate of expenses for the coming year.

As discussed at methactonunited.org/travel, the fee structure for the 2018-19 season has been changed in order to provide consistent and uniform financial expectations across all teams. The assessment rates vary from team-to-team based on their individual activity levels.

It is important to note that many teams offset their tournament expenses by conducting fundraisers at various events throughout the year or by soliciting donations from local businesses.

Team Expenses	Date	Est. Pmt
Travel Registration Fee	May 15	\$ 800
Summer/Fall Assessment	July	\$ 145
Winter Assessment	Dec	\$ 130
Spring Assessment	Feb	\$ 80
		\$ 1,155

This “all-inclusive” pay structure is intended to reduce any fees that were paid separately as in previous years.

